# PROFESSIONAL IMAGING CENTERS, INC.

1049 WILLA SPRINGS DR., STE 1051, WINTER SPRINGS, FL 32708; Phone: (407) 657-7979 FAX (407) 678-9938

## PATIENT INSTRUCTIONS

The following instructions are for adults patients. Contact our office for patients under the age of 18.

#### **MAMMOGRAPHY**

- Do not use powder or deodorant under your arms or on your breasts.
- Do not wear jewelry.
- It is recommended to wear a two piece outfit.

### MRI ABDOMEN OR MRCP

- No food or drink, except to take daily required medications, 6 hours prior to exam.
- Contact our office to discuss your test requirements.

### MRI OR MRA WITH IV CONTRAST

- It is recommended to stay hydrated within 24 hours before your exam.
- Contact our office to discuss your test requirements.

#### CT ABDOMEN AND/OR PELVIS

- No food or drink, except to take daily required medications, 4 hours prior to exam.
- This exam may require for you to drink an Oral Contrast 2 hours prior to your appointment.
- Oral contrast and instructions should be picked up at any Professional Imaging office within 48
  hours of your appointment. Bring your doctor's order, photo ID, and insurance card when
  picking up your oral contrast and instructions.
- Contact our office to discuss your test requirements.

### CT OR CTA WITH IV CONTRAST

- No food or drink, except to take daily required medications, 4 hours prior to exam.
- Contact our office to discuss your test requirements.
- It is recommended to stay hydrated within 24 hours before your exam,

#### **ULTRASOUND: ABDOMEN**

No food or drink, except to take daily medications, 6 hours prior to exam.

#### **ULTRASOUND: OB**

- 15 weeks and under: Drink 32 oz. of water 1 hour prior to exam. Do not empty bladder.
- 16 weeks or longer: Drink 16 oz of water 1 hour prior to exam. Do not empty Bladder

# **ULTRASOUND: PELVIS**

• Drink 32 oz. water 1 hour prior to exam time. Do not empty bladder.

### **ULTRASOUND: RENAL**

Drink 32 oz. water 1 hour prior to exam time. Do not empty bladder.